

October 2018

A Newsletter for St. Bruno's Young Adult Fellowship



Wed. 10/10 – (past) "Finding and Keeping the One You Love", talk on relationships with Fr. Dave Heney

Wed. 10/24 – "Cure of the Blind Man", reflection on the following Sunday readings.



Next Month

Wed. 11/14 – "Jesus' Second Coming", reflection on the following Sunday readings.

Wed. 11/28 – "What Does it Mean to Be A Catholic Today?", an evening of discussion.

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Finding & Keeping the One You Love

by Ed Vidaurri, YAF Coordinator

October 10, 2018 – The St. Bruno Young Adult Fellowship (YAF) hosted a talk on relationships by its pastor, Fr. Dave Heney, entitled, "Finding and Keeping the One You Love". More than 30 people, mostly YAF members plus a few older invited guests, heard Fr. Dave speak about finding one's true love, growing a relationship of love and nurturing that relationship through the years. Throughout and after a talk peppered with humorous comments, Fr. Dave answered questions triggered by the insights he shared.

(Continued from Page 1)

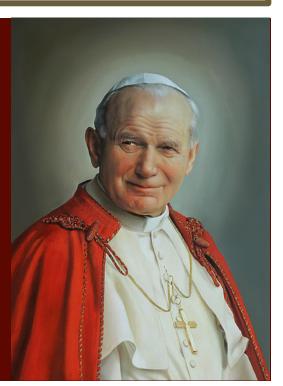
One example of the many insights shared by Fr. Dave in his hour long talk was that a specific type of talking and sharing is key in identifying, nurturing and maintaining a relationship of love. This type of conversation goes beyond factual information and beyond emotional sharing to a sharing of values, dreams and plans which a person holds as essential for his/her happiness in life. Finding someone who honors one's core life values, dreams and plans, who is also the person whose core life values, dreams and plans of two people do not have to be identical – in fact, said Fr. Dave, life is most interesting when they are different, but the core values two people hold cannot be in opposition or incompatible. Fr. Dave shared many other insights, which he gleamed from his 40 years of counseling couples, informed by his education in Marriage and Family Counseling.

Many YAF members and guests stayed another 45 minutes beyond the end of the talk to socialize and discuss their thoughts on the presentation. All expressed satisfaction with the lecture and what they learned. One attendee asked if there would be any future presentations like this one; based on the interest and satisfaction of those who attended, YAF will certainly host similar presentations in the future. (end)

Who Dat? Saint of The Month

St. Pope John Paul II, Oct. 22

He was born in a small town outside of Krakow, Poland in 1920, answered the call to priesthood in 1946, was appointed archbishop of Krakow in 1964, and became the 246th Pope in 1967. He endured a world war, survived an assassination attempt, and gave us World Youth Day. And, out of the many gifts he bestowed upon us throughout his lifetime, JPII's greatest gift was this: the simple, yet powerful, concept that "man cannot live without love". He loved young people, and we love him! St. Pope John Paul II, please pray for us.



Take courage; get up! Jesus is calling you. Mark 10:49

Looking Bock First YAF Mass & Conversations with Fr. David

by Kathleen Hernandez



September 12th ---St. Bruno's Youna Adult Fellowship (YAF) held its first Young Adult Mass and a conversation with our honored presider, Fr. David. After Mass, Father David shared his account of his life as an Englishman moving to the USA: Protestant a Christian who worked at times as a bartender and later as a butler for the

rich and famous. His account of finding his calling to the priesthood was very enlightening, as was his concluding advice for us: **"Always trust God in the journey....Whatever that journey may be. God will never abandon you".** Fr. David's shared story brought insight and hope for us to trust in God throughout our journey whether it is challenging, difficult, joyful, or peaceful. After the conversation with Fr. David, the laughter, the refreshments, the pizza and connection with newfound friends was an added bonus.

Leading the preparation for Mass with my fellow YAF members was a true blessing. During the whole process of planning and celebrating the mass together, we definitely felt the Holy Spirit present throughout and found joy in working together towards our shared mission to serve the Lord. Through fellowship, we discovered each other's strengths and talents whether it be in organizing, ushering, playing music, singing, serving at the altar, or simply offering a welcoming smile to one another.

The whole YAF experience has developed newfound passion for young adults to participate. YAF involvement through service, socializing / connecting with others, listening to others' spiritual journey, sharing talents, and learning about our Catholic faith is a profound way to deepen our connection with God and the St. Bruno Community. I'm definitely fired up to continue my spiritual journey with God and hope other Young Adults will share this desire to do the same: start by joining YAF, be open-minded, and have the courage to try something new. You may discover that joining YAF can be fun! (end)