

St. Bruno Youth & Family Ministry

@SBUFM



Confirmation – October 4, 6, 11, 13
Seeing the Word – Jesus' Birth

Welcome and Opening Prayer

Welcome the teens to the Life Night, introduce any teens or core members who are attending for the first time, and begin in prayer.

Icebreaker: Nailed It!

Ask the teens to find an empty cupcake station. Inform them that they will be replicating a baby Jesus cupcake, decorating it to the best of their ability. Project the image of the baby Jesus cupcake for 20 seconds, then give the teens 10 minutes to decorate based on their memory of the image. Once their time is up, have three core members act as judges and award a prize to the teen that best replicated the picture.



“Seeing the Word” Proclaim Teaching

- Through the Incarnation, God became man so that we might know His love, be reconciled to Him, and follow His example of holiness so as to take part in His divine nature.
- In becoming human, Jesus uniquely and fully understands us, experiencing both the joys and many struggles of humanity.
- The Incarnation is a powerful example of God’s radical love, demonstrating that God is a Father who keeps His promises and is worthy of our complete trust.

Small Groups – Promise Keeper

Divide the teens into small groups with at least one Core Member or Junior Core in each group. Pass out a pen and the God’s Promises handout to each teen. Give the teens a few minutes to skim through the handout. Afterward, ask them to circle any promises that stand out to them in a positive way and place a star next to promises they are unsure about or disagree with. Transition into the activity by saying the following:

There are countless promises from God found in the Scriptures. Some of these promises are made to specific figures in the Bible, such as God’s promise to Abraham that he would have many descendants, even though his wife Sarah was barren. God kept His promise. On top of the many promises He made to specific people, there are promises He has made to us and kept to this day. As you receive this handout, take some time to read through it and find hope in the promises God has made to us that He will deliver on.

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After the teens are finished, transition into a time of discussion. Have the Core Member or Junior Core begin in prayer and lead the teens in a small group discussion focusing on God's promises. Use the following questions as a guide, but be aware of the promptings of the Holy Spirit and where He is leading the discussion:

- Whip-Around Question: Of the people in your life, who is the one person to whom you always keep your promises?
- Of the many promises you read through, which one stands out to you the most? Why?
- Which of these promises have you already seen fulfilled in your life? How was that promise fulfilled?
- Which of these promises are you not so sure about? Why?
- Of these promises, which do you still have hope that it will be fulfilled?

Veneration of the Crèche

Gather the teens back asking them to find their own space. When they are ready, invite teens to come forward to venerate the crèche, saying a brief prayer and lighting a candle as an expression of their trust in God and His promises. Remind them that this is not a race, but that they can take their time; there should not be a long line of teens waiting to get to the crèche. Transition into the activity by saying the following:

Our God keeps His promises. He has been fulfilling them every day of our lives and will continue to do so long after our souls leave Earth. The Lord promised that He would redeem us and save us from our sins. He did so by becoming one of us, taking on human form and experiencing all we could experience. His journey to save us began in the most humble way possible. Our King was born in a manger surrounded by farm animals, not a palace. As the three kings brought Him gifts, they found our newly born Savior in a crèche. Much in the same way that we venerated the cross in the past, tonight, we have the opportunity to venerate the crèche. As we do so, let us remember the child that laid in that crèche, who is the fulfillment of all of God's many promises.

As the teens are venerating, have music playing in the background.

Closing Prayer: Litany of Trust