

# The Vine

July 2019

A Newsletter for St. Bruno's Young Adult Fellowship

## This

**Wed. 7/10** YAF Get Together in Parish Center starting at 7:00 PM  
Matt's Search for Truth: His Testimony

**Sat. 7/20** Basketball on the St. Bruno Courts 9:00 – 10:00 AM

**Wed. 7/24** YAF Mass 7:00 PM in church followed by fellowship and refreshments

**Sun. 7/28** YAF No-Host Dinner after 5:30 Mass; location to be announced

**Mon. 7/29** Habitat for Humanity fundraiser – take flyer to restaurant to participate; good for Take Out

## YAF Dinner

On June 30<sup>th</sup> following the 5:30 Sunday Mass at St. Bruno, members of the Young Adult Fellowship dined in the beautiful fresh air on The Terrace at Friendly Hills Country Club. Good food, good drinks and lively conversation sparked the evening.

Mark your calendar for July 28<sup>th</sup> when the next YAF dinner will take place following Sunday 5:30 evening Mass. The location – a local restaurant – will be announced in an upcoming Mass bulletin, on the YAF page on the St. Bruno website and in the Sunday Mass announcements.

*All Young Adults are invited.*

## Bible

**July Friday Evenings 7:00 – 8:30 PM**  
Study on the Letter to the Galatians; to participate and for further details, please email Blaise at [Mikkelsonb@yahoo.com](mailto:Mikkelsonb@yahoo.com)

## Find

@stbrunoyaf



St. Bruno Catholic Church  
15740 Citrustree Rd.  
Whittier, CA 90603



Friendly Hills  
Country Club -  
The Terrace

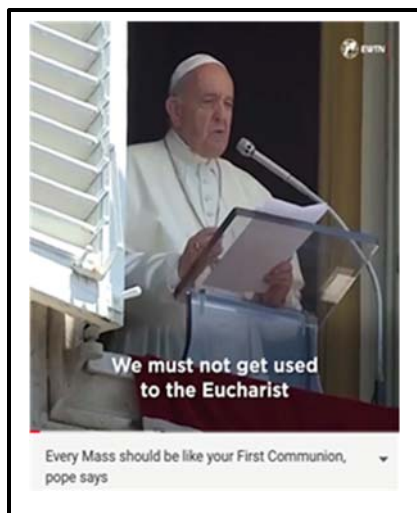
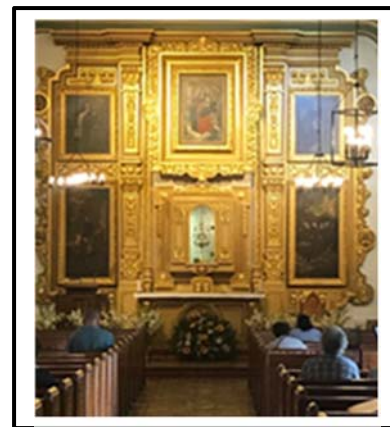


## Being Catholic is Awesome!

Matthew Wingert

In his recent Sunday Angelus address during the solemnity of Corpus Christi, Pope Francis said that we should treat every mass like it's our first communion.

It's been three years since I was received into the fullness of our faith, and it seems so recent yet so distant in my memory. Often times, like most, I take for granted the beauty of the sacraments of our Catholic faith. Things I longed for during my conversion I find myself often doing by going through the motions. I have to remind myself that I am so very lucky and that being Catholic is AWESOME.



For those of you who are married you might understand this a little more clearly because I hope that by now you've realized that love is a decision we have to make. We can choose to will the good for someone else, or we can choose to be selfish. It's no different when it comes to our faith and relationship with our Lord, we can choose to love Him and spend time with him, or we can choose to spend our time doing something else. What makes being Catholic so awesome is that we can visit Christ, body, blood, soul, and divinity in the Eucharist. Even more amazing than being able to visit him, we can receive him into our bodies just as he commanded us in John 6.

Let's listen to Pope Francis and treat every mass like it's our first communion. Hear the Holy Father at <https://youtu.be/vluTX80St2o>

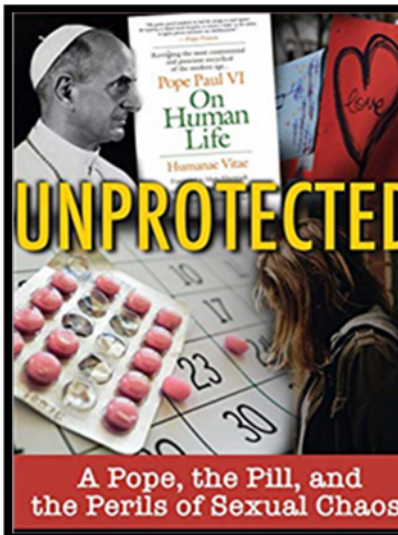
### *Are you part of the St. Bruno YAF?*

*As a young adult – age 18 to 39 years – married or single who attends St. Bruno Parish, you are a part of YAF. There are no dues to pay or requirement to register (though signing up for our Alerts and Newsletter will help keep you in the know!)*

*You don't attend St. Bruno Parish? You too are welcome!*

## Unprotected: A Pope, the Pill, and the Perils of Sexual Chaos By Tania Lopez

On June 12<sup>th</sup> the Young Adult Fellowship gathered to discuss what the Church *really* teaches on contraception. We began with music, praise and worship led by Greg. We then screened the first part of an incredibly powerful film entitled “Unprotected,” written and directed by Donald J. Johnson. In this film, the devastating dynamics of 50 years of the sexual revolution are examined that have made our culture so toxic for women. Johnson unravels the detrimental consequences contraception has had on our culture through these lenses: the women who kick-started the sexual revolution, the hyper-sexualized propaganda in media, how stress negatively impacts women now more than ever, how divorce has long lasting psychological effects on children, how abortion has become a backup to failed contraception, and how pornography can contribute to infidelity.



Thankfully, by God’s saving grace, not all hope is lost! In 1968 Pope Pius VI released the encyclical *Humanae Vitae* in defense of the Catholic Church’s teaching that contraception defies the natural order of God’s design for procreation. The Catholic teaching remained firm in its stance to defend the beauty of sex and the gift of a baby that results from procreation. Furthermore, a young polish priest, Karol Wojtyla, now known as Saint John Paul II, offered an antidote to the sexual revolution. His teachings on Theology of the Body are now the driving force inspiring a spiritual solution to the perils of sexual chaos. The second half of the film explains this hopeful perspective. A discussion on the film concluded the study portion of the evening, with participants raising questions and sharing their points of view.

Our evening get-together continued for another hour with friendly conversation over drinks and sandwiches and fries. Slowly the group members left until the last dozen or so made a quick job of putting away tables and chairs and then headed home.

The film Unprotected is currently available to stream on Amazon Prime. If you want to learn more on the Catholic teaching on sexuality and Theology of the Body, Patrick Coffin and Christopher West delve into a profound conversation in the YouTube video: “We Are Hardwired For Beauty – Christopher West” <https://youtu.be/-WBmqefAZsk>

Please join with YAF in supporting the work of [Habitat for Humanity](#) in the Whittier area. On Monday, July 29<sup>th</sup> have dinner at or order Take Out from Lascari’s on Whittier Blvd. and present the flyer attached when you order. Lascari’s will donate 20% of purchases to Habitat. Watch for more news in coming weeks on opportunities to work on a Habitat project with St. Bruno YAF.

Help the Young Adult Fellowship support Habitat!



*Help support local home repairs in your community!*

Join us for a fundraiser  
in partnership with:



Monday July 29, 2019  
From 5 P.M. - 8 P.M.

**You must present a copy of this flyer or electronic version to your server when you order!** Lascari's will donate 20% of your group's food and beverage purchases to Habitat for Humanity of Greater Los Angeles. Other coupons may not be used during the event.

Lascari's Italian Restaurant  
16255 Whittier Blvd, Whittier 90603

*We look forward to seeing you there!*

Offer applies to Take Out and Sit Down orders.